











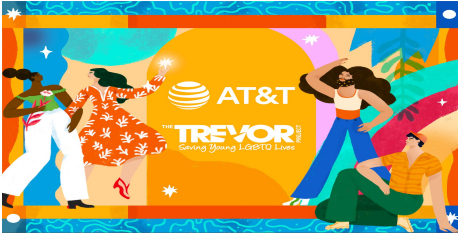





## RESOURCES FOR CFSN FAMILIES





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|  | <p><b>United Way</b></p> <p><b>Call or click <a href="#">211</a></b></p> <p>Dialing 211 helps direct callers to services for, among others, the elderly, the disabled, those who do not speak English, those having a personal crisis, those having difficulties paying rent, utilities, those with limited reading skills, and those who are new to their communities. 211 is available to approximately 309 million people, which is 94.6 percent of the total U.S. population.</p>  |
|  | <p><b>Starfish Family Services</b></p> <p><b>Call or click <a href="#">734. 728. 3400</a>.</b></p> <p>Founded in 1963, Starfish Family Services is a nonprofit human service agency, recognized as a champion for children and families across metro Detroit who have limited access to essential resources such as education, healthcare, and economic opportunities. Serving nearly 4,000 children and their families annually, we provide high-quality programs and support services that focus on early childhood education and development, behavioral health wellness, and empowered parents. Through our holistic approach, Starfish partners with families so they have access to the right resources at the right time.</p> |
|  | <p><b>Brilliant Detroit</b></p> <p><b><a href="#">Brilliant Detroit</a> Click or call 313-483-8992</b></p> <p>Brilliant Detroit is dedicated to building kid success families and neighborhoods where families with children 0-8 have what they need to be school ready, healthy and stable. We do this by providing proven programming and support year round out of Brilliant Detroit homes in high-need neighborhoods.</p>  |

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| <h1>Metro Parent</h1>   | <h2>Metro Parent</h2> <p><a href="#">Click HERE to keep up with Parenting News</a> in Detroit and surrounding areas!</p> <p>Hi! We're Metro Parent</p> <p>We believe healthy, supported families are the foundation of strong communities – and we've been supporting both here in southeast Michigan since 1986. Metro Parent informs, advises and inspires this generation of parents (and the next!) with the best local resources, stories and more. We're a creative, proudly local media company and metro Detroit/Ann Arbor's trusted parenting hub for over 35 years. And we're here to help you do the most important job in the world.</p>  |
|   | <h2>Oakland Family Services (OFS)</h2> <p>OFS's mission is "To provide quality treatment, education and prevention services to meet human service needs in the community."</p> <p>Call (248) 858-7766, <a href="#">click here</a> to access their website, or visit Address: 114 Orchard Lake Rd, Pontiac, MI 48341.</p> <p>We are celebrating our 100th anniversary this year! Oakland Family Services started as the Michigan Children's Aid Society Oakland Branch in 1921. Ensuring children have safe and loving homes free from abuse and neglect, providing at-risk children a sound beginning to a life of learning, and assisting people whose lives have been derailed by trauma, mental health issues and substance abuse is important work.</p> |
|    | <h2>Centria Healthcare</h2> <p><a href="#">Click</a> or call (855) 772-8847</p> <p>Centria Autism was founded in 2010 and quickly became a leading provider of Applied Behavior Analysis (ABA) Therapy to children with autism in the country. After just five years, Centria Autism grew to be the largest ABA Therapy provider in Michigan and has since expanded to serve over 14 states in the U.S.</p>   |

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|    | <p><b>Detroit Wayne Integrated Health Network (DWIHN)</b></p> <p><b>CALL OUR 24 HOUR HELPLINE</b></p> <div style="display: flex; align-items: center; justify-content: center;"> <div style="text-align: center;">  <p>1-800-241-4949</p> </div> <div style="text-align: center; margin: 0 20px;"> <p>Call or Click</p> </div> <div style="text-align: center;">  </div> </div> <p><a href="#"><u>Detroit Wayne Integrated Health Network</u></a></p> <p>The Detroit Wayne Integrated Health Network is compassionate and committed to the 75,000 children and adults it serves in Detroit and Wayne County. We understand the immense responsibility we have been given and we go above and beyond in supporting the people we serve and the hundreds of Providers in our System of Care. Our Provider Network supports and serves individuals with serious mental illness, children with serious emotional disturbance, people with autism, individuals with intellectual and developmental disabilities and those with substance use disorder. We are Here to Talk. Here to Help.</p> |
|   | <p><b>Detroit Crisis Hotline</b></p> <p>Text HOME to 741741 to connect with a Crisis Counselor<br/>Or Click <a href="#"><u>Detroit Crisis Hotline</u></a></p> <p>Crisis Text Line provides free, 24/7, high-quality text-based mental health support and crisis intervention by empowering a community of trained volunteers to support people in their moments of need.</p>   |
|  | <p><b>National Suicide Prevention Lifeline</b></p> <p><a href="#"><u>Click Here for the National Suicide Prevention Lifeline</u></a><br/>or CALL 1-800-273- TALK</p> <p>We can all help prevent suicide. The Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals in the United States.</p>  |

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|    | <h3>AT&amp;T x The Trevor Project</h3> <p>AT&amp;T Extends Commitment to The Trevor Project to Address Mental Health Crisis Affecting LGBTQ+ Youth</p> <p><b>CLICK HERE</b>  <a href="#">We're here for you.</a></p> <p>We provide information &amp; support to LGBTQ young people 24/7, all year round.</p>  |
|    | <h3>Suicide &amp; Crisis Lifeline</h3> <p>988 (Spanish Option Available); All Ages</p> <p>The <a href="#">988 Suicide &amp; Crisis Lifeline</a> is a national network of local crisis centers that provides free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week in the United States. We're committed to improving crisis services and advancing suicide prevention by empowering individuals, advancing professional best practices, and building awareness.</p> |
|  | <h3>LGBT National Hotline</h3> <p><b>LGBT National Hotline:</b> 1-888-843-4564; All Ages</p> <p>For more information, visit <a href="https://www.lgbthotline.org/">https://www.lgbthotline.org/</a>.</p>   |
|  | <h3>SAGE National LGBTQ+ Elder Hotline</h3> <p><b>SAGE LGBT Elder Hotline:</b> 1-877-360-LGBT (5428)</p> <p>If you are an LGBTQ+ elder or care for one, call the free SAGE Hotline, toll-free, at 877-360-LGBT(5428). The SAGE LGBTQ+ Elder Hotline is available 24 hours a day, 7 days a week, in English and Spanish, with translation in 180 languages.</p>   |
|  | <h3>Trans Hotline</h3> <p><b>Trans Hotline:</b> 1-877-565-8860; All Ages</p> <p>Trans Lifeline connects trans people to the community support and resources we need to survive and thrive. For more information, visit <a href="https://translifeline.org/">https://translifeline.org/</a>.</p>  |

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| <p><b>Call. Text. Chat.</b></p>  <p><b>Veterans<br/>Crisis Line</b><br/>1-800-273-8255 <b>PRESS 1</b></p> | <p><b>Military / Veterans Crisis Line</b></p> <p>Call 1-800-273-8255 and Press 1, text 838255, or chat online at <a href="https://VeteransCrisisLine.net/Chat">VeteransCrisisLine.net/Chat</a>.</p> <p>If you or someone you know is having thoughts of suicide, contact the Veterans Crisis Line to receive free, confidential support and crisis intervention available 24 hours a day, 7 days a week, 365 days a year.</p>   |
|   | <p><b>First Step: Peaceful Families, Safe Communities</b></p> <p>CLICK HERE <a href="#">FIRST STEP</a> or CALL THE 24/7 HOTLINE 734-722-6800</p> <p>Since 1978, First Step has been working for peaceful families and safe communities in Wayne County, Michigan. First Step is the only non-profit agency in out-Wayne County providing comprehensive services for victims of domestic and sexual violence.</p>  |
|    | <p><b>Experience Camps</b></p> <p>Click <a href="#">HERE</a> for a sample letter that a parent/caregiver can send to a teacher/caring adult of a grieving child.</p> <p>To learn more about supporting grieving children, there are excellent resources at <a href="https://experiencecamps.org/grief-resources/">experiencecamps.org/grief-resources/</a> and <a href="https://childrengrieve.org/resources">childrengrieve.org/resources</a>.</p>   |
|   | <p><b>Community Housing Network</b></p> <p>If you are facing a crisis that may put your current housing at risk, Community Housing Network (CHN) may be able to help.</p> <p><i>Community Housing Network is a nonprofit organization committed to providing homes for people in need through proven strategies of homelessness prevention, housing assistance and development, community education and referral, advocacy, and additional services. They carry out their work primarily in Southeast Michigan.</i></p> <p><b>Reach out to CHN by:</b></p> <ul style="list-style-type: none"> <li>• Clicking the “Get Help” button on our website and completing the <a href="#">Housing Needs Information Request form</a>.</li> <li>• Leaving us a message at 248-269-1335 or (toll-free) 1-866-282-3119.</li> <li>• Texting “housing” to 248-269-1335.</li> <li>• Sending an email to <a href="mailto:HRC@chninc.net">HRC@chninc.net</a>.</li> </ul> |